

September 2025

Morning Sun Elementary Breakfast - Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
LABOR DAY	Pancake ----- Hot Dog/Bun Potato Wedges Carrots Pears	Sausage/Hash Brown ----- Cheese Breadsticks Tossed Salad Cucumbers Marinara Peaches	Biscuits & Gravy ----- Pizza Burger Corn Peppers Applesauce	Long John ----- Pulled Pork/Bun Oven Fries Baked Beans Orange Wedges
8	9	10	11	12
Breakfast Pizza ----- Chicken Nuggets Mashed Potatoes Green Beans Mandarin Oranges	Waffle ----- Soft Taco Lettuce/Tomato Refried Beans Pineapple Graham Snack	Yogurt/Granola Bar ----- Pork Fritter/Bun Potato Wedges Baked Beans Grapes	Scrambled Eggs ----- Ham & Cheese Sub Lettuce/Tomato Carrots/Cucumbers Apple Wedges	Ring Donut ----- Pizza Tossed Salad Peppers/Carrots Melon
15	16	17	18	19
Egg Patty ----- Chicken Tenders Tater Tots Carrots Pears	French Toast Sticks ----- Chicken Quesadilla Corn Carrots Salsa Pineapple	Cinni Mini ----- Hamburger/Bun Lettuce/Tomato Sweet Potato Fries Baked Beans Peaches	Pancake ----- Chicken Tetrazzini Tossed Salad Cucumbers Garlic Bread Orange Wedges	Sausage/Hash Brown ----- Maid Rite/Bun Oven Fries Peppers Mandarin Oranges
22	23	24	25	26
Biscuits & Gravy ----- Chicken Burger/Bun Potato Wedges Carrots Apple Wedges	Long John ----- Walking Taco Lettuce/Tomato Refried Beans Pineapple	Breakfast Pizza ----- Hot Ham/Cheese/Bun Oven Fries Baked Beans Applesauce	Waffle ----- Mac & Cheese Little Smokies Carrots Green Beans Pears	Yogurt/Granola Bars ----- Pizza Tossed Salad Cucumbers Orange Wedges
29	30			
Scrambled Eggs ----- Popcorn Chicken Tater Tots Carrots Apple Wedges	Ring Donut ----- Meaty Nachos Corn Salsa Pineapple Rice Crispy		Milk Served With All Meals	Cereal/Toast Fruit/Juice Served Daily

Menu Subject to Change Without Notice

It is the policy of the Morning Sun Community School not to legally discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Alaura Rappenecker, Counselor, 319-868-7701 or alaura.rappenecker@mscsd.org