

November 2024

Morning Sun Elementary Breakfast - Lunch Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
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Milk Served With All Meals	Cereal/Toast Fruit/Juice Served Daily			Cinni Mini ----- Pork Fritter/Bun Oven Fries Baked Beans Applesauce
4	5	6	7	8
Breakfast Pizza ----- Popcorn Chicken Potato Wedges Carrots Apple Wedges	Long John ----- Meaty Nachos Corn Salsa Pineapple Graham Snack	Yogurt/Granola Bar ----- Cheese Breadsticks Tossed Salad Cucumbers/Carrots Marinara Pears	Egg Patty ----- Hamburger/Bun Lettuce/Tomato Oven fries Baked Beans Grapes	Sausage/Hash Brown ----- Pizza Tossed Salad Pepper Strips Mandarin Oranges Cookie Cup
11	12	13	14	15
French Toast Sticks ----- Fish Sticks Mac & Cheese Broccoli Carrots Peaches	Ring Donut ----- Hot Dog/Bun Tater Tots Baked Beans Applesauce	Biscuits & Gravy ----- Goulash Tossed Salad Pepper Strips Garlic Bread Stick Orange Wedges	Waffle ----- Pork Rib/Bun Potato Wedges Cucumbers/Carrots Apple Wedges	Scrambled Eggs ----- Pizza Stick Cruncher Tossed Salad Carrots/Tomatoes Mandarin Oranges Cookie
18	19	20	21	22
Muffin ----- Chicken Tenders Potato Wedges Carrots Pears	Pancake ----- Soft Taco Lettuce/Tomato Corn Pineapple Rice Crispy	Cinni Mini ----- Chili Crackers /Corn Chips Carrots/Celery Orange Wedges Cinnamon Roll	Breakfast Pizza ----- Chicken Tetrizzini Carrots/Cucumbers Broccoli Garlic Bread Mixed Fruit	Long John ----- Pizza Tossed Salad Pepper Strips Apple Wedges Cookie Cup
25	26	27	28	29
Yogurt/Granola Bar ----- Turkey Mashed Potatoes Green Beans Peaches Roll Pumpkin Pie	Egg Patty ----- Sloppy Joe/Bun Oven Fries Carrots Applesauce	NO SCHOOL	NO SCHOOL	NO SCHOOL

Menu Subject to Change Without Notice

It is the policy of the Morning Sun Community School not to legally discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Alaura Rappenecker, Counselor, 319-868-7701 or alaura.rappenecker@mscsd.org