

September 2024

Morning Sun Elementary Breakfast - Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
LABOR DAY	Biscuits & Gravy ----- Hot Dog/Bun Potato Wedges Baked Beans Applesauce	Waffle ----- Hamburger/Bun Lettuce/Tomato Hash Brown Carrots Apple Wedges	Yogurt/Granola Bar ----- Pasta Dippers Meatballs Green Beans Carrots Pears	Muffin ----- Pizza Tossed Salad Pepper Strips/Carrots Orange Wedges Cookie Cup
9	10	11	12	13
Pancake ----- Chicken Tenders Tater Tots Carrots Peaches	Cinni Mini ----- Soft Taco Lettuce/Tomato Corn Pineapple Rice Crispy	Breakfast Pizza ----- Pork Rib/Bun Potato Wedges Tomatoes/Carrots Mandarin Oranges	Long John ----- Chicken Tetrizzini Tossed Salad Broccoli/Cauliflower Garlic Bread Strawberries	Egg Patty ----- Pulled Pork/Bun Oven Fries Baked Beans Slushie
16	17	18	19	20
Sausage/Hash Brown ----- Chicken Nuggets Mashed Potatoes Green Beans Applesauce	French Toast Sticks ----- Chicken Quesadilla Corn Carrots Salsa Tortilla Chips Pineapple	Ring Donut ----- Pork Fritter/Bun Potato Wedges Baked Beans Pears	Biscuits & Gravy ----- Ham & Cheese/Bun Oven Fries Carrots Apple Wedges	Waffle ----- Pizza Tossed Salad Peppers Strips Orange Wedges Cookie Cup
23	24	25	26	27
Yogurt/Granola Bar ----- Chicken Patty/Bun Lettuce/Tomato Tater Tots Peaches	Muffin ----- Walking Taco Lettuce/Tomato Corn Pineapple Graham Snack	Pancake ----- Grilled Chicken/Bun Potato Wedges Baked Beans Grapes	Cinni Mini ----- Orange Chicken Savory Rice Carrots/Tomato Broccoli Orange Wedges	Breakfast Pizza ----- Sloppy Joe/Bun Oven Fries Onion Rings Cucumbers Slushie
30				
Long John ----- Popcorn Chicken Potato Wedges Carrots Applesauce			Milk Served With All Meals	Cereal/Toast Fruit/Juice Served Daily

Menu Subject to Change Without Notice

It is the policy of the Morning Sun Community School not to legally discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact Alaura Rappenecker, Counselor, 319-868-7701 or alaura.rappenecker@mscsd.org