

December 2023

Morning Sun Elementary Breakfast - Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
Milk Served With All Meals	Cereal/Toast Fruit/Juice Served Daily			French Toast Sticks Pizza Tossed Salad Cucumbers Apple Wedges Cookie Cup
4	5	6	7	8
Ring Donut Chicken Tenders Potato Wedges Carrots Applesauce	Sausage/Hash Brown Walking Taco Lettuce/Tomato Refried Beans Pineapple Graham Snack	Biscuits & Gravy Chicken Tetrizzini Tossed Salad Broccoli Garlic Bread Apple Wedges	Long John Pasta Dippers Meatballs Baked Beans Peppers Orange Wedges	Waffle Sloppy Joe/Bun Oven Fries Onion Fries Carrots Grapes
11	12	13	14	15
Egg Patty Popcorn Chicken Tater Tots Carrots Mixed Fruit	Yogurt/Granola Bar Meaty Nachos Corn Salsa Pineapple Graham Snack	Pancake Chili Crackers/Fritos Carrots Celery Orange Wedges Cinnamon Roll	Cinni Mini Hot Dog/Bun Hash Brown Baked Beans Cottage Cheese Apple Wedges Jello	Muffin Pizza Tossed Salad Cucumbers Mandarin Oranges Cookie Cup
18	19	20	21	22
French Toast Sticks Chicken Nuggets Mashed Potatoes Green Beans Pears	Ring Donut Hamburger/Bun Lettuce/Tomato Tater Tots Peaches Cookie	Sausage/Hash Brown Pork Fritter/Bun Oven Fries Baked Beans Pineapple	Biscuits & Gravy Cheese Breadsticks Tossed Salad Peppers Apple Wedges	NO SCHOOL
25	26	27	28	29
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

Menu Subject to Change Without Notice

It is the policy of the Morning Sun Community School not to legally discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Alaura Rappenecker, Counselor, 319-868-7701 or alaura.rappenecker@mscsd.org