

May 2023

Morning Sun Elementary

Breakfast - Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cinni Mini ----- Chicken Nuggets Mashed Potatoes Green Beans Pears	Yogurt/Granola Bar ----- Chicken Patty/Bun Potato Wedges Cucumbers Strawberries	Egg Patty ----- Pulled Pork/Bun Hash Brown Sweet Potato Fries Baked Beans Mandarin Oranges	Pancake ----- Pizza Tossed Salad Peppers Grapes Cookie Cup	Ring Donut ----- Taco Burger/Bun Lettuce/Tomato Refried Beans Pineapple Rice Crispy
8	9	10	11	12
Biscuits & Gravy ----- Chicken Tenders Tater Tots Carrots Mixed Fruit	Cereal/Toast ----- Meaty Nachos Corn Carrots Salsa Pineapple	Sausage/Hash Brown ----- Pork Fritter/Bun Potato Wedges Baked Beans Orange Wedges	Ring Donut ----- Chicken Tetrizzini Broccoli Cucumbers Garlic Bread Peaches	French Toast Sticks ----- Sloppy Joe/Bun Oven Fries Onion Rings Carrots Apple Wedges
15	16	17	18	19
Cinni Mini ----- Popcorn Chicken Potato Wedges Carrots Applesauce	Yogurt/Granola Bar ----- Walking Tacos Lettuce/Tomato Refried Beans Pineapple Graham Snack	Egg Patty ----- Grilled Chicken/Bun Lettuce/Tomato Oven Fries Carrots Mandarin Oranges	Pancake ----- Pizza Tossed Salad Peppers Berries Cookie Cup	Ring Donut ----- Orange Chicken Savory Rice Broccoli Carrots Orange Wedges
22	23	24	25	26
Biscuits & Gravy ----- Hot Dog/Bun Chips Carrots/Celery Apple Wedges	Cereal/Toast ----- Pasta Dippers Meatballs Baked Beans Carrots Pears	Ring Donut ----- Pizza Tossed Salad Cucumbers Orange Wedges		
29	30	31		
MEMORIAL DAY			Cereal/Toast Fruit/Juice Served Daily	Milk Served With All Meals

Menu Subject to Change Without Notice

It is the policy of the Morning Sun Community School not to legally discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Alaura Rappenecker, Counselor, 319-868-7701 or alaura.rappenecker@mscsd.org