

November 2022

Morning Sun Elementary

Breakfast - Lunch Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Egg Patty Meaty Nacho Corn Salsa Pineapple Graham Snack	Yogurt/Granola Chili Crackers/Corn Chips Carrots Celery Orange Wedges Cinnamon Roll	Muffin Cheese Breadsticks Tossed Salad Cucumbers Marinara Peaches	Pancake Pulled Pork/Bun Hash Brown Sweet Potato Fries Baked Beans Mandarin Oranges
7	8	9	10	11
Ring Donut Popcorn Chicken Tater Tots Carrots Mixed Fruit	Sausage/Hash Brown Corn Dog Potato Wedges Baked Beans Pears	Waffle Grilled Chicken/Bun Lettuce/Tomato Oven Fries Apple Wedges	Little Smokies Soft Taco Lettuce/Tomato Spanish Rice Carrots Pineapple	Biscuits & Gravy Pizza Tossed Salad Pepper Strips Grapes Cookie Cup
14	15	16	17	18
Long John Hot Dog/Bun Oven Fries Carrots Applesauce	Breakfast Pizza Taco Burger/Bun Lettuce/Tomato Refried Beans Orange Wedges Graham Snack	French Toast Sticks Beef & Noodles Mashed Potatoes Broccoli Peaches	Cini Mini Orange Chicken Savory Rice Stir Fry Veggies Carrots Pineapple	Egg Patty Pork Fritter/Bun Fries Baked Beans Mandarin Oranges
21	22	23	24	25
Yogurt/Granola Chicken Strips Tater Tots Carrots Apple Wedges	Muffin Turkey Mashed Potatoes Green Beans Pears Pumpkin Pie	NO SCHOOL	THANKSGIVING	NO SCHOOL
28	29	30		
Pancake Hamburger/Bun Lettuce/Tomato Potato Wedges Pepper Strips Apple Wedges	Ring Donut Chicken Quesadilla Tortilla Chips Salsa Celery Mandarin Oranges	Sausage/Hash Brown Mac & Cheese Meatballs Baked Beans Carrots Mixed Fruit	Milk Served With All Meals	Cereal/Toast Fruit/Juice Served Daily

Menu Subject to Change Without Notice